## 47<sup>th</sup> Annual Symposium on Sports Medicine January 23-25, 2020

## AGENDA

## Friday, January 24, 2020

**7:00 –7:15 a.m.** *Registration & Breakfast* 

**7:15 – 7:20 a.m.** *Introduction & Welcoming Remarks* Jesse C. DeLee, MD John R. Green, III, MD

**7:20 – 7:30 a.m.** *The Father of Sports Medicine: Dr. J. Pat Evans* Jesse C. DeLee, MD

SYMPOSIUM: GENERAL SPORTS MEDICINE Moderator: Jorge E. Gomez, MD

7:30 – 7:50 a.m. The Pre-participation Physical Speaker: Jorge E. Gomez, MD

7:50 – 8:10 a.m. Heat Illness Speaker: Jeremy L. Dickerson, MD

8:10 – 8:30 a.m. Dental and Facial Injuries Speaker: Steven B. Buckley, DDS, MD

8:30 – 8:50 a.m. Sudden Cardiac Death Speaker: Rodolfo R. Navarro, MD

8:50 – 9:10 a.m. ECG Screening Controversy Speaker: Arnie Fenrich, MD

9:10 – 9:30 a.m. Panel Discussion

9:30 – 9:50 a.m. Break/Visit Exhibits SYMPOSIUM: HEAD AND NECK IN SPORTS

Moderator: John R. Seals, MD

**9:50 – 10:10 a.m. Chronic Traumatic Encephalopathy** Speaker: John R. Seals, MD

10:10 – 10:30 a.m. Concussion: Diagnosis and Criteria to "Return to Play" Speaker: Rodolfo R. Navarro, MD

10:30 – 10:50 a.m. Cervical Spine Injury Speaker: Pablo Vazquez-Seoane, MD

10:50 – 11:10 a.m. Stingers and Burners Speaker: Fred G. Corley, MD

11:10 – 11:30 a.m. Lumbar Spine: Stress and Traumatic Lesions Speaker: Ajeya P. Joshi, MD

**11:30 a.m. – 12:00 p.m.** *Panel Discussion* 

**12:00 – 1:00 p.m.** Lunch

SYMPOSIUM: FOOT AND ANKLE Moderator: Mark M. Casillas, MD

1:00 – 1:15 p.m. Controversies in High Ankle Sprains Speaker: Joel Horning, MD

1:15 – 1:30 p.m. Achilles Tendon: Lesions in the Athlete Speaker: Mark M. Casillas, MD

1:30 – 1:50 p.m. Diagnosis and Treatment of Mid Foot Injuries Speaker: Mayo J. Galindo, Jr., MD

1:50 – 2:10 p.m. Compartment Syndrome in Athletes Speaker: Nolan Malthesen, MD 2:10 – 2:30 p.m. Lower Extremity Stress Fracture Speaker: Michael Sander, MD

**2:30 – 2:45 p.m.** Panel Discussion

**2:45 – 3:00 p.m.** Break/Visit Exhibits

SYMPOSIUM: THE SKELETALLY IMMATURE ATHLETE Moderator: Grant D. Hogue, MD

**3:00 – 3:20 p.m. Shoulder & Elbow Injuries in the Skeletally Immature Athlete** Speaker: Steven D. Gibbons, MD

**3:20 – 3:40 p.m. Acetabular Impingement and Hip Arthroscopy** Speaker: Benjamin Thomasson, MD

**3:40 – 3:55 p.m.** Foot and Ankle Injuries in the Immature Athlete Speaker: Grant D. Hogue, MD

**3:55 – 4:10 p.m.** Panel Discussion

**4:10 – 4:30 p.m.** Break

ANATOMY WORKSHOPS Moderator: Jesse C. DeLee, MD

4:30 – 5:45 p.m. Anatomy I – The Knee Speaker: Philip M. Jacobs, MD

Anatomy II – Foot & Ankle Speaker: Mark M. Casillas, MD <u>Saturday, January 25, 2020</u> **7:00 – 7:30 a.m.** Breakfast

SYMPOSIUM: UPPER EXTREMITY Moderator: Philip M. Jacobs, MD

**7:30 – 7:50 a.m. Examination of the Shoulder** Speaker: Michael D. Loeb, MD

7:50 – 8:10 a.m. Rotator Cuff & Slap Lesions Speaker: Matthew C. Murray, MD

8:10 – 8:30 a.m. AC and SC Joints and Clavicle Injuries Speaker: David Jason Oberste, MD

8:30 – 8:50 a.m. Shoulder Instability Speaker: Clark C. Duchene, MD

8:50 – 9:10 a.m. Common Hand Injuries in Athletes Speaker: Fred G. Corley, MD

9:10 – 9:30 a.m. Elbow Injury in Sports Speaker: Bernard Morrey, MD

9:30 – 9:50 a.m. Panel Discussion

9:50 – 10:10 a.m. Break/Visit Exhibits

SYMPOSIUM: Lower Extremity Moderator: Andy Wong

## 10:10 – 10:30 a.m. Knee Injuries in the Skeletally Immature Athlete Speaker: Zachary Stinson, MD

10:30 – 10:50 a.m. Limb Alignment and Osteochondral Grafting Speaker: Andy Wong, MD 10:50 – 11:45 a.m. Lower Extremity Biomechanics and Rehabilitation Speakers: K. Renee Thiebaud, PhD, PT Manuel C. Sanchez, PT, MPT, ATC, LAT Scott Rippentrop, PT

**11:45 a.m. – 12:00 p.m.** *Panel Discussion* 

**12:00 – 1:00 p.m.** Lunch

SYMPOSIUM: The Knee Moderator: Jesse C. DeLee, MD

1:00 – 1:20 p.m. Knee Imaging Speaker: Jennifer E. Swart, MD

1:20 – 1:40 p.m. Meniscal Injury and Repair Speaker: Patrick Sander, MD

1:40 – 2:00 p.m. Collateral Ligament Injury Speaker: John C. Pearce, MD

2:00 – 2:20 p.m. Biologics in Knee Surgery Speaker: Travis Burns, MD

2:20 – 2:40 p.m. Break/Visit Exhibits

2:40 – 3:00 p.m. The Patellofemoral Joint Speaker: Brad S. Tolin, MD

**3:00 – 3:20 p.m. Posterior Cruciate Ligament** Speaker: Matthew C. Murray, MD

3:20 – 3:40 p.m. ACL Surgery: Current Update Speaker: Jesse C. DeLee, MD **3:40 – 4:00 p.m.** Panel Discussion

4:00 – 4:30 p.m. Break/Visit Exhibits

WORKSHOPS

4:30 – 6:00 p.m.

Workshop I – Biomechanics in Rehabilitation Speakers: K. Renee Thiebaud, PhD, PT Margaret (Meg) Jacobs, PT Manuel C. Sanchez, PT, MPT, ATC, LAT

Workshop II – Concussions Speakers: John R. Seals, MD Rodolfo R. Navarro, MD

Workshop III – Sports Medicine Care Speakers: Jesse C. DeLee, MD John C. Pearce, MD Mark M. Casillas, MD Matthew C. Murray, MD